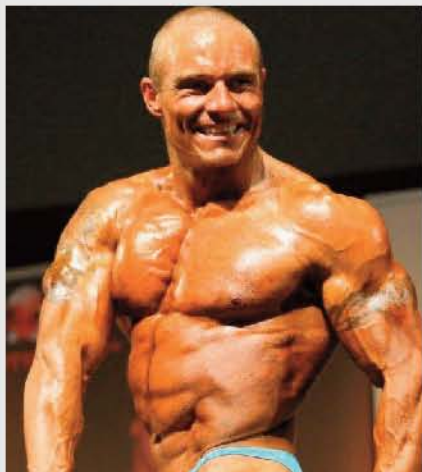


YES?!



Only 3 weeks before the JB Cup in Mijdrecht, Gino Cuperus had become a father, and after Gino was announced the overall winner, he dropped onto one knee and asked his girlfriend to marry him! The answer was yes. Team MMNL wishes Gino and his family the very best of luck. (photo: Sybil Peters)

BENELUX CUP



At the NBPf Benelux Cup, Dutchman Johan Waterlander won the overall title. (photos: Hans Bender)

HEALTH ANGELS



For RTL 4's show 'Health Angels' I was invited to give a catwalk training on the show. Fitness models Irma, Arienne, Carolien and Edith showed what they had learned, and after a great day Natasha was able to walk home on high heels with grace and confidence. (View the show of 2nd May at: tlnyurl.com/healthangels) (photo: Jolanda Beuving)

QUINCY WINKLAAR HAS THE POWER



During the FIBO expo in Germany, at end of April, Quincy Winklaar participated in the Fibo Power Challenge. Out of 75 athletes, there were 15 bodybuilders left after the first selection round. After the second round only 7 athletes were elected for The Fibo Power Challenge, held on Saturday April 24th. After a great battle, Quincy won the event, and was also awarded best poser. He won a sponsorship contract of 1 year with Olimp (Quincy's also sponsored by In Shape Supplements). (photo: Sydney Korsse)

HAPPINESS IN PROGRESS



Champion Ashmara Brader appeared in the television documentary "geluk in uitvoering" (ed. happiness in progress). Last year, Ashmara lost her boyfriend, when life became an unbearable burden for him. He was her love and support, in life and in through the competitions. The athletes called him "hairstylist", after his profession. This documentary shows how, despite her heartache, and without his huge support, Ashmara continues her preparation, competes, and wins. View this documentary at: tlnyurl.com/ashmara. (Photo: Sydney Korsse)

FREE PHOTOSHOOT

One last chance for the Dutch ladies - bikini model type - to win a 10-page photo report in MuscleMag The Netherlands. And check this out: photographer Sydney Korsse offers a free photoshoot - no strings attached! Ladies, what do you have to lose: get into that bikini and start posing! More info: info@fitnessmodels.nl

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