

### FIGURE DAY



On February 22nd, 15 women in the Figure, Bikini, Body Fitness and Fitness Aerobics class came to the first Figure day of 2010. On March 2nd, 2010 there will be another meeting with posing, catwalktraining, presentation, and more. More information: [info@fitnessmodels.nl](mailto:info@fitnessmodels.nl). (Photo: Marcel Honigh)

### CATWALK TRAINING



Could you use some help with your posing routines? At [Catwalktraining.nl](http://Catwalktraining.nl) Jolanda Beuving helps women athletes to be fully prepared for the big stage. Photo: Fitness athlete Alexandra Schmidt being trained by Jolanda Beuving at [Catwalktraining.nl](http://Catwalktraining.nl) (Photo: Marcel Honigh)

### DUTCH MUSCLES AT THE AC AMATEURS 2010



Out of the 8 Dutch athletes selected for the AC Amateurs, 3 made it into the top 6! Eddie Wilson came 3rd in the Heavyweight class, Quincy Winklaar (photo) came 5th in the Middleweight class and Koert Vogel came 5th in the Super Heavyweight class. (More about Quincy on pages 98-107 of this MMNLI) (photo: Sibil Peeters)

## PHOTOGRAPHY

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